

## Meridian Anti-Drug Coalition General Meeting Minutes

Meridian Police Department, 1401 E. Watertower October 17th, 2019

Attendees (25): Brandon Frasier, Anne Little Roberts, Bernie Wolinski, Scott Colaianni, Earl Sharff, Terry Austin, Joe Marti, Ternel Martinez, Brenda Willson, Danielle Fanopoulos, Howard Davis, Mary Liz Jones, Bob Allison, Wayne Sharp, David Phillips, Nichole Herold, Julia Hassell, Camille McCashland, Daniel Aguilera, Natalie Marti, Mary Kemp, Dawn Tolan, Stephany Galbreaith, Kendall Nagy, Cheryl Mulvihill

TIME	SPEAKER   AGENDA ITEMS	NOTES
4:00	Cheryl Mulvihill, Anti-Drug Coordinator: Welcome & Introductions   Additions to Agenda	(all) sign-in sheet
4:05	Stephany Galbreaith, MADC Secretary: Approval of September 19th minutes (sent out via email)	Motion by Earl Scharf, second by Brenda, all approved
4:07	Kendall Nagy, Director: City Council	Update from MADC to City Council (10/8)— started with the data sources that help determine MADC's prevention strategies. It's important that we look at local and state level data in addition to the coalition members focus desires. There has been a lot of growth the last 5 years. A single page snapshot of the MADC work in the community shows we participated in 72 events/programs last year reaching 21,000+ Meridian community members. As suggested in the MADC meeting, we highlighted the video made with Zach Telford regarding his Natural High. We then discussed the expanding state and local partnerships that MADC has established. Looking at the last fiscal year we had over 28k in mini grant awards. Through these mini grants we have been able to sustain our prevention strategies, while not competing against other coalitions across the state to receive the larger federal grants. MADC presentation ended with two quotes regarding MADC: "Coalitions like yours are crucial to prevention education and we appreciate your hard work. Thank you for your support, keep up the good work you do!" —Bryan Lovell, President Idaho FOP "I am acutely aware that it takes a team of caring MADC professionals and volunteers to make a difference and let our community know the facts. If our citizens do not understand more about the possible adverse effects of drugs and alcohol, they will not be able to make healthy decisions." —Mary Liz Jones, Ph.D. Concordia University Professor
	Treasure Valley Youth Safety Summit	Treasure Valley Youth Safety Summit Report is complete: There were over 130 youth that were selected to attend this annual event. Kendall presented on substance abuse prevention talking about reducing stigma, refusal skills, most commonly abused substances among youth and actionable items to prevent substance abuse. 77 people responded to the optional survey. (see attached report for more information regarding the following) Drug related questions from survey: #7 Is it safe to smoke marijuana regularly? Looking at the indicator of



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		perception of harm regarding marijuana, which has gone down over the last three years. #8 In the last 12 months, I have been at a party where other kids my age were consuming one or more of the following: Alcohol 32%, Marijuana 22%, Rx Drugs 9% and None 68% There was a spot that youth could put in 'other 'and the responses were: cocaine, shrooms, vaping and acid. #9 If I choose to use an impairing substance, the following are easily accessible: Alcohol 82%, Marijuana 46% and Rx 58%. #15 In the last 12 months, I have driven a car after consuming an impairing substance, 5% said yes. #16 The impairing substance(s) were one or more of the following: Alcohol 75%, Marijuana 75% and Rx 0%. #17 In the past 12 months I have ridden in a car whose driver had been consuming an impairing substance: 28% Yes. #18 The impairing substance(s) were one or more of the following: Alcohol 72%, Marijuana 50% and Rx 13%.
		David: Marijuana in California. Youth were getting it from their parents. Confusion on weather kids should tell on other kids if they bring marijuana to school because it's legal in California. Kids are scared to question adults because adults are making poor choices.
	Meridian Police Department Opioid Report	Another source of data — in our participation with the Treasure Valley Partnership Opioid Workgroup, we have looked at Opioid statistics the last two years. Looking at the same time period of 2018 as 2019 there has been a 19% decrease in opioid related reports. The majority of these cases occur at a residence or during a traffic stop and involve an arrest. Another data point included in the report from the Bureau of Vital Records and Health Statistics is drug induced deaths by city of residence with one or more drugs reported and opioid-involved deaths. Data for Meridian shows in 9 out of 10 deaths opioids were present. This data helps guide our selection of prevention strategies.
	Boys & Girls Club Family Dinner   Life Skills	Events: We joined Boys and Girls Club for Family Dinner Night. SRO's attended. Officer York played music. MADC had the Natural High Booth setup so kids could get their picture and have conversations about natural highs. We had 95 prevention conversations. Kendall taught in the Life Skills Classes at Lewis & Clark reaching 67 youth.
	Vape Shop Compliance Checks	Vape Shop Compliance Checks- looking for funding
4:22	Sector Representatives (SRs): Prevention Within the 12 Sectors	(all) schedule an MADC presentation within your sector
	Mary, Civic/Volunteer SR: Sticker Shock Campaign Participation	<b>Mary:</b> November 7 <sup>th</sup> 3:30-5pm at Renaissance High School (sticker shock invitation attached). We will have enough students volunteering to work on putting stickers on the bags. Anne Little Roberts will be giving opening



Brandon, Law Enforcement SR:

coordination of K9 Demonstrations for Red Ribbon Week

Terry, Parent SR: PTA/PTO Contacts

**Mary Liz, Faith SR:** discuss possibilities of online prevention course

**Dawn, School SR:** WASD drug prevention

Nichole, Substance Abuse SR:

remarks at the beginning of the event. Everything is running smoothly. If others are interested please join! We are trying to engage kids and give them an opportunity to talk with peers. More validity with conversations.

**Brandon:** 5 K9 demonstrations scheduled for Red Ribbon Week, one demonstration for the Public Safety Day. Also, there has been an increase of information in the media regarding Hound Labs Cannabis breathalyzer. They are a company in California that created a device that will tell the officer if there are specific markers of marijuana on a person's breath. It does not prove impairment. The company won't speak to what markers, which is problematic for court purposes. The news stories talk about how exciting this is for Law Enforcement, but there aren't interviews with Law Enforcement regarding this product. It's not what it seems, zero scientific data that shows the quantitative data actually shows anything. This machine doesn't show that they are impaired. There probably is some kind of promise there but it's not here yet.

**Terry:** continue contacting PTA/PTO groups in Middle Schools. She will be following up individually by email as well. If anyone has suggestions on how Terry can work with PTA/PTO's she is looking for thoughts on how to reach them. Bob: calling secretary's at the schools may be a better route to establish contact.

Mary Liz: Faith Community Representative, calling different churches in our area. She is letting them know about the coalition and that we are happy to work with them and share drug prevention information. In addition Mary Liz has emails to be added to our email distribution list. We would like to consider creating a micro-training that we can distribute online. As we explore this idea, if you have some ideas you want to share, touch base with Mary. Micro training is a way to reach more people and increase accessibility. These trainings have to be less than 8 minutes, usually around 5 minutes. The target audiences would be teachers, counselors, and nurses; those in need of professional development credits. In addition, we have discussed offering an online course through BSU.

**Dawn:** WASD policy committee participation- tomorrow morning is their first committee meeting. Because of how many youth are using vapes at school we have to look at the policies written, drug prevention information, required classes etc... the committee has drug prevention councilors, principals, teachers; all will put their heads together to work through changes for next school year.

There was discussion on MADC fundraising to help with the funding for the assessments. The assessments are \$110 per student. Currently WASD uses the Safe and Drug Free School fund for this, but they run out before the end of the year having to turn away students that request the assessment.

**Nicole:** Filled all the bags for all the schools for Red Ribbon Week and helped drop them off at schools. She also will be at Public Safety Day this weekend. In addition the Peer Wellness Center is doing Toys for Tots if anyone knows of a youth in need.

We are looking for suggestions regarding cannabis brochure and legislative brochure. Please share thoughts to Kendall.



4:42	Upcoming Events: Public Safety Day	Cheryl- for Red Ribbon Week we have 25 schools receiving resources, 5 K9 demos and Natalie Marti will be			
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	(10/19)   Red Ribbon Week (10/23-	speaking at 3 of the schools.			
	31)   Trunk-or-Treat (10/24)   Rx	Upcoming Events:			
	Take-Back (10/26)   Treasure Valley	Trunk Or Treat event 10/24, MADC has a booth, all volunteer slots are full.			
	Youth Substance Prevention Forum	DEA Take Back event – 10/26, 10-2 at Walmart on Ten Mile - we have plenty of youth scheduled, Kendall is			
	(10/29, 11/7,12,19)   Sticker Shock	looking for two adults to help with this event. Filled, thank you!			
	Event (11/7)				
4:55	Open Discussion: additional	Homework: listen to Does marijuana reduce opioid use, deaths? If you found the podcast informative, share it.			
	updates, feedback, ideas, questions,				
	etc.				
	<ul> <li>New Resource: <u>National</u></li> </ul>				
	Families in Action, Pod Casts				
5:00nm	5:00pm Meeting Adjourned				

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Next Meetings November 21st: MADC Executive Committee (CEC) Meeting at 3pm followed by General Meeting at 4pm